

Senior Refresher Course

St John Ambulance Australia is the Nation's leader in First Aid Training and a National Registered Training Organisation.

The Senior Refresher First Aid course is designed to strengthen the skills learnt in the Senior First Aid course, and is an opportunity to maintain practical skills.

A St John Senior First Aid certificate carries National recognition and is ACT & NSW Work Cover approved.

Entry Requirements: Participants must hold a current Senior First Aid certificate issued within the past 12 months.

Duration: 8.5 hours instruction and assessment. (08:30-17:30 includes 30 min lunch break)

Assessment: Progressive assessment of all Practical first aid skills and multiple choice test.

Award: Students who reach competency will receive a Statement of Attainment HLTF301B "Apply First Aid".

Validity: Certification is valid for 3 years.

Senior Refresher First Aid

Includes:

DRABCD Action plan

CPR

Head, neck and spinal injuries

Shock, bleeding, burns,

Fractures and dislocations

Chest and abdominal injuries

Poisoning, bites and stings

Medical emergencies

Practical First Aid skills