

## Advanced First Aid

**St John Ambulance Australia is the Nation's leader in First Aid Training and a National Registered Training Organisation.**

The Advanced First Aid course is designed for participants who wish to further their skills and develop a sound practical knowledge of First Aid. This is ideal for First Aid Officers in the workplace.

A St John Advanced First Aid certificate carries National recognition and is ACT & NSW Work Cover approved.

**Entry Requirement:** Participants must hold a current Senior First Aid certificate.  
Minimum age 16 years.

**Duration:** 3 Days 23 hours of instruction and Assessment. Training Manual included.  
Day 1                   Advanced Resuscitation   09:00-17:00  
Day 2&3   Advanced First Aid           09:00-17:00

**Assessment:** Progressive assessment of all practical first aid skills and multiple-choice test.

**Award:** Students who reach competency will receive a Statement of Attainment  
HLTFA301B - "Apply First Aid".  
HLTFA402B - "Apply Advanced First Aid".

**Validity:** Certification is valid for 3 years St John Ambulance recommends annual CPR training in line with ARC guidelines.

### Advanced First Aid Includes:

Advanced Resuscitation  
Oxygen Therapy  
Trauma Management  
How the body works  
Lifting and Moving  
Casualty Observation  
Triage  
Drug & Alcohol misuse