

SENIOR FIRST AID – One Day Refresher

Bookings – 02 6282 2399 or coursebookings@stjohnact.com.au

OVERVIEW

Senior First Aid is the most popular of St John Ambulance first aid courses. This fully accredited first aid course covers a broad range of topics that enables participants to confidently manage emergency situations and provide care for the ill or injured until medical aid arrives. It is suitable for people in workplaces and members of the public.

The One Day Refresher Course is designed to reaccredit those people who hold a Senior First Aid certificate. It reinforces previous knowledge and skills and will incorporate any changes in first aid.

Senior First Aid training covers:

DRABCD Action Plan	Head and Spinal Injuries
Cardio-Pulmonary Resuscitation (CPR)	Chest and Abdominal injuries
Medical Emergencies	Wounds, Bleeding and Shock
Fractures	Poisons, Bites and Stings
Sprains and Strains	Hot and Cold induced injuries

AWARD

Students who attain competency will be awarded a Statement of Attainment:

Apply First Aid – HLTA301B



ASSESSMENT

Competency based assessment of practical skills combined with theory and verbal assessments.

DURATION

Two days training and assessment

8.30am to 5.30pm includes meal breaks. Students are advised to bring their own lunches.

ENTRY REQUIREMENTS

Participants must have completed a Senior First Aid certificate in the previous twelve months.

PRICE

Full fee - \$84.00

Concession Fee - \$75.50

FURTHER TRAINING OPPORUNITIES

Students who successfully complete Senior First Aid may undertake further training in more advanced first aid techniques through courses such as:



St John

Advanced First Aid
Occupational First Aid

Advanced Resuscitation and Defibrillation
Remote Area First Aid.