

# JUNIOR FIRST AID

Bookings – 02 6282 2399 or [coursebookings@stjohnact.com.au](mailto:coursebookings@stjohnact.com.au)

## OVERVIEW

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Junior First Aid is designed to teach your children simple first aid skills so that they can help family members and friends if an emergency occurs.

This course is generally run during school holiday periods.

### Junior First Aid training covers:

Seeking Assistance	Choking
Dialling 000	Chest Pains and Asthma
DRABCD Action Plan	Wounds, Bleeding and Burns
Cardio-Pulmonary Resuscitation (CPR)	Shock
Fractures	Epilepsy

## AWARD

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Students who attain competency will be awarded a Statement of Attendance:

Junior First Aid

## ASSESSMENT

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There is no formal assessment for this course. Trainers will demonstrate techniques and then provide feedback and support during practical scenarios to develop skills of students.

## DURATION

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One day training

9.00am to 4.00pm includes meal breaks throughout the day. Students are advised to bring their own lunch.

## ENTRY REQUIREMENTS

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There are no entry requirements, however all participants must be between 9 and 14 years and will require written permission from a parent or guardian.

## PRICE

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Concessional fee - \$48.00

## FURTHER TRAINING OPPORTUNITIES

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Students who successfully complete Junior First Aid who wish to undertake further training in more advanced first aid techniques should consider Senior First Aid.



**St John**